



## Led by:

**Coach Freischlag** is the retired coach from Wayne Central in upstate New York and has 26 years of coaching experience. Some highlights from his career include: Section V Class B team titles, coached over 50 sectional champions, and had 5 state champions.



**Leo Urbinelli**: wrestled for Cornell University from 1997-2001. While at Cornell, Leo was a 2x qualifier for the NCAA Wrestling National Championships and was Team Captain. Leo's honors include being named to the All Ivy Team, 2x NYS College Champion, 2x NCAA qualifier – reaching the All American round. In addition, Placed 5<sup>th</sup> in Midlands. Leo earned team awards for most pins, most valuable wrestler, and toughness. He is a NYS Freestyle and Greco champion. At the end of Leo's wrestling career he finished with one of the highest winning percentages for Cornell.